

Sexual Health Resources for Teachers and PHNs

1 Teaching Sexual Health Education

Teaching Sexual Health Education: a primer for new teachers, a refresher for experienced teachers.

Elementary School **Sexual Health Manual** Guide for Teachers

2. Sexual Health Information and Lesson Plans by Grade Level and Topic

Information for Grades K-3

This link to the **Resource Centre for Adolescent Pregnancy Prevention** (ReCAPP) focuses on young children and helping to promote healthy attitudes toward their physical development and sexuality. This learning activity at ReCAPP about **body parts** is complete with introduction, purpose, time required and handouts.

Lesson Plans for Grades 4-12 by grade and topic

<http://teachers.teachingsexualhealth.ca/>

<http://www.sexualityandu.ca/teachers>

Toronto Public Health lesson plans and videos. Also examples given on how to answer the **anonymous questions** kids ask:

Family Life and Sexual Health Lesson Plans (FLASH) American resource

Online Videos appropriate for secondary school classes

- **[Know Your Birth Control Rights- U tube video](#)**
- **[The Magic of Birth Control](#)**
- **["Cup of Tea" Video about consent and sex](#)**

3. Information Specific for Students with Differing Abilities

Public Health Agency of Canada: **[sexual health education for youth with physical disabilities](#)**

Sexuality and U: **[physical](#)** disabilities and **[intellectual](#)** disabilities.

Teaching Sexual Health: **[Grades 4-12 lesson plans for students with differing abilities](#)**



Teaching human sexuality fact sheet for teaching students with differing abilities

FLASH Special Education section

Sunny Hill Education Resource Centre houses a unique collection of books, videos and pamphlets on sexuality for children with disabilities. Use the **online catalogue** to search and request items or call **1-800-331-1533**. Resources are mailed out free to any location in BC

Responding to children's problem sexual behaviour in elementary schools

Interactive workbook on Sexuality Education for Children and Adolescents with Developmental Disabilities.

Educating children who are deaf-blind and developmentally delayed

4. Online Resources:

- <https://www.optionsforsexualhealth.org/sex-sense>
- <http://goaskalice.columbia.edu/sexual-and-reproductive-health>
- www.scarleteen.com
- <http://sexualityandu.ca/games-and-apps>
- [STI Booklet for youth](#)
- [Gender Identity in Schools](#)
- <http://orders.catie.ca/>: Canada's Source for HIV and Hepatitis C Information

5. Other Information Collected by Health Promoting Schools Coordinators

SD 8 Sexual Health Information

- <http://sd8healthyschools.weebly.com/sexual-health.html>

SD 20 Sexual Health Information

- <http://sd20health.wikispaces.com/I.++Sexual+Health+Resources+%26+Lesson+Plans>
- <http://sexualhealthdatabasesd20.wikispaces.com/home>