Communication



* I am an active listener, I support and encourage the person speaking.
* I have ideas and opinions that I share with my classmates, and I do so in a respectful way.
* I can present information clearly and in an organized way.
* I can work with others to achieve a common goal. I do my share by taking on roles and responsibilities.
* I can describe what my group is learning or doing at any time.
* I give, receive, and act on feedback.
* I can talk or write about my learning.

Creative Thinking



* I can build on other people’s ideas and add my own ideas to create something new.
* I can build background knowledge and learn skills to help me think of new ideas.
* I realize my ideas may not always be successful, but I can learn from my mistakes to move forward, even if it takes a few tries.
* I am open to new ideas, topics and experiences to help me develop my personal interests.
* I can get new ideas by exploring things that interest me.

Critical Thinking



* I can collect and understand evidence from different perspectives.
* I can ask deep-thinking questions and gather information.
* I can reflect on my progress and adjust my actions to make sure I meet criteria to achieve what I want.
* I can consider my options, make choices based on good reasons, and follow through with what I am trying to do.
* I can tell the difference between facts and interpretations, opinions, or judgements by considering the source and author’s purpose.

Positive Personal and Cultural Identity



* I demonstrate pride in my positive characteristics.
* I understand that learning is continuous and I will continue to change and grow.
* I can explain what my values are and how they affect choices I make.
* I am able to identify the different groups that I belong to.
* I explain the value in feeling connected to a group.
* I can identify my strengths and use them to positively affect others.

Personal Awareness and Responsibility

* I can celebrate my efforts and accomplishments.
* I can advocate for myself and my ideas.
* I can take ownership of my goals, learning, behaviour and emotions.
* I can make choices that benefit my well-being and keep me safe, including online.
* I can use strategies to find peace in stressful times.

Social Responsibility

* I help make my classroom, school, community, and the environment a better place.
* I can recognize when there is a problem, think of ways to fix it, and choose a solution.
* I show respect and include others. I accept differences in others.
* I can notice when something is unfair and take steps to help correct it.
* I am kind to others, can cooperate, and build positive relationships.
* I am aware of how others may feel, can identify their needs, and provide help if needed.